



1. Introduction to ILLUMI-NITE

- **Empathy & Showing Up:** Empathy means noticing what others are going through, showing up for them, and loving them through it. Even the smallest act of kindness can remind people they are not alone.
- **The Story:** ILLUMI-NITE was created by the nonprofit KEEP GOING 25 to honor Michael Currin (#25), who passed away his freshman year at the University of Dayton. After his passing, one simple act of kindness and empathy toward his family sparked a mission: to pay it forward and bring light to others.
- **Video:** Watch *How to ILLUMI-NITE*
- **Discussion Prompts:**
 - What do the words KEEP GOING mean to you?
 - How can you show empathy and help others KEEP GOING?
 - Share a time when someone showed up for you and helped you KEEP GOING.

2. Assemble Luminary Kit(s)

- **Check Kit Contents:**
 - ☐ 1 KEEP GOING 25 yard sign
 - ☐ 25 battery-operated tea lights (extras provided)
 - ☐ 25 weatherproof luminary bags
 - ☐ 25 clear plastic weight bags (to be filled with water, sand, or kitty litter – not provided)
 - ☐ 10 KEEP GOING postcards for team messages
 - ☐ 1 prayer card
 - ☐ 1 (7x8") plastic bag for postcards + prayer card
- **Team Messages:** Have your team write personal notes on the back of the KEEP GOING postcards. Place completed postcards with the prayer card on top into the (7x8") plastic bag. Put this sealed bag inside the ILLUMI-NITE box.

- **Put Luminaries Together:**

- Fill each small plastic weight bag with 1 cup of water, sand, or kitty litter and seal tightly.
- Place the filled bag inside a white luminary bag,
- Place a tea light on top of the weight bag (secure with tape if desired).

3. ILLUMI-NITE

- **Before You Go:**

- **Say a prayer together for the recipient(s). Choose your own, or use this one:**

Dear Lord,

Help us shine our light this holiday season and spread joy and kindness uncontrollably.

Bless all those facing adversity and the families experiencing a holiday without a loved one. Bless these luminaries. May they bring light to the night and help us to KEEP GOING.

Amen.

- **At the Recipient's Home:**

- Quietly line the driveway and front entry walkway with the luminaries.
- Place the KEEP GOING 25 yard sign in the yard or near the front door in the landscape.
- Leave the ILLUMI-NITE box (with postcards and prayer card inside) on the front porch.

- **Important Reminders:**

- Be respectful and reverent while ILLUMI-NITING.
- Your quiet presence is the gift – please do not ring the doorbell or knock.
- If the recipient comes outside, kindly introduce yourself and hand them the ILLUMI-NITE box.
- If another team is present, work together and use all the materials.